

ENGLAND KNOCKDOWN SQUAD TRAINING

11AM-2PM SUNDAY 1ST MARCH 2009

CRAWLEY DOJO

England v Wales

The Squad will be to select the England team to take part in the England V Wales on April 18th. The team will be made up of Novice and more experienced fighters.

Kamakura Dutch Open

The Kamakura championships is to be held on the 15th March so I will need to know if anyone is interested in competing.

1st IKK Open Knockdown

We are also looking to take part in the IKK Open in Kent 28th March and plan to take mid-experienced fighters or any novice fighters that are looking to move up to the full category in the June regional. There will be both English and Welsh fighters selected.

Valencia Cup

The BKK will send a team to compete on the 23rd May 2009 so we will be starting to look at potential participants.

Please bring Dogi, pads, warm tops, the fee for the session is £5.

Anyone needing further info contact Shihan David Pickthall on 07723603635 or email david-pickthall@tiscali.co.uk